

**Brazilian Jiu-Jitsu**

**Ages 14 & up**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| 7:15 – 8:30 p.m.Brazilian Jujitsu(Gi Class) | 7:15– 8:30 p.m.Striking (No Gi Class) | 7:15-8:30 p.m.Brazilian Jujitsu(Gi Class) | 7:15–8:30 p.m.MMA (No Gi) |

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| **Open Mat** |
| **Friday** | **Sunday** |
| Begins at 6:00 PM | Begins at 11:00 AM |

**\*Drop-In Fee is $10\***

**$85 a month for BJJ Membership only**

**Add $5 a month for access to the weight facility (Must be at least 18)**

**Come try your first class for FREE on us!**