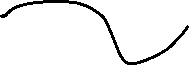


**Brazilian Jiu-Jitsu**



**Ages 14 & up**

|  |  |  |  |
| --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| 7:15 – 8:30 p.m.  Brazilian Jujitsu  (Gi Class) | 7:15– 8:30 p.m.  Striking  (No Gi Class) | 7:15-8:30 p.m.  Brazilian Jujitsu  (Gi Class) | 7:15–8:30 p.m.  MMA  (No Gi) |

|  |  |
| --- | --- |
| **Open Mat** | |
| **Friday** | **Sunday** |
| Begins at 6:00 PM | Begins at 11:00 AM |

**\*Drop-In Fee is $10\***

**$85 a month for BJJ Membership only**

**Add $5 a month for access to the weight facility (Must be at least 18)**

**Come try your first class for FREE on us!**